

Sarah N. Niemiroski

Associate

860.251.5070

sniemiroski@goodwin.com

Hartford

[View Full Bio](#)



Sarah is a member of the Shipman's Employment and Labor practice group. She serves as a lead negotiator during contract negotiations for public sector clients, and regularly represents clients in grievance and interest arbitrations. Sarah also represents employers before state and federal courts with respect to employment matters ranging from employment discrimination and wrongful termination to tortious interference, breach of contract, and wage and hour claims. She has also successfully represented public sector clients in prohibited practice proceedings before the State Board of Labor Relations.

While in law school, she served as a judicial intern for the Honorable Janet C. Hall of the United States District Court for the District of Connecticut. She also gained experience in administrative proceedings through her participation in the school's Asylum & Human Rights Clinic. In that role, she assisted her client in gaining asylum.

Distinctions

- Listed as a Connecticut Super Lawyer Rising Star®: *Employment & Labor* (2024)
- CALI Excellence Award for Civil Procedure
- Thomas F. Gallivan Jr. Memorial Award for outstanding scholastic achievement in Property
- Connecticut Scholar (merit-based, full-tuition scholarship)

Credentials

Education

- University of Connecticut School of Law, J.D., 2020, with honors
- Boston College, B.A., 2017

Bar Admissions

- Connecticut

Court Admissions

- U.S. District Court, District of CT